

**The Duke of Edinburgh’s International Award**

**Adventurous Journey Success Criteria**

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| **What will the International Award Leaders be looking for? Have a look at the following:** |
| **1. UNDERSTANDING OF THE ADVENTUROUS JOURNEY**Does the student have a clear understanding of what the journey involves? |
| **2. FIRST AID & EMERGENCY PROCEDURES**Does the student know what to do with an injured patient? Have they practiced/used First Aid scenarios during the expedition? Can they explain the DRABCS? What would/did the student do in an emergency situation? Can they talk through this step by step? |
| **3. NECESSARY EQUIPMENT AND HOW TO USE IT & EMERGENCY RATIONS**Did the student have **all** the equipment on the checklist during the kit check except perishable items? Did they use everything in their bag? Was everything packed **INSIDE** their rucksack? Did the student have at least five different items of food left as emergency rations (ER)? e.g. 1 energy bar, crackers, nuts, dried fruit and/or dried meat. Were they taped up securely and named? |
| **4. MAP SKILLS – NAVIGATION & ROUTE PLANNING**- Has the student actively contributed to route planning (or left it to other members of the group)?- Can the student complete a line of the route card without any help? Is the route card accurate? Can they tell you what the scale of the map is?- Can they identify features and orientate the map?- Can a student identify where they are on the map when they have arrived at a certain point? Can they identify all the checkpoints during the day? Can the student give a correct grid reference when asked on the spot?- Can the student accurately measure distance and estimate timing for their planned route? How far off were they? Can they use this information to be more accurate on the next day of the Adventurous Journey? |
| **5. CAMPCRAFT, FOOD & DRINK**Did the student follow advice and eat (amount of calories)/drink (at least 3 litres per day) enough? Did they suffer from dehydration? Did they hand in a menu plan with enough calories and a variety of the right type of food? Did they cook a substantial meal every evening and at least one breakfast? Did they stick to their menu plan? Were the tents put up correctly in an appropriate area and were they well cared for? Were they packed away as instructed, clean and dry?Is the campsite clear of litter? Was the campsite left as it was found or improved? |
| **6. TEAM WORK/LEADERSHIP SKILLS**Has the student attended all the ECA sessions, lunchtime meetings and worked with the group on the tasks given?Has the student cooperated with their group and shown commitment, cohesion and contributed to group decisions? Are they a team player? Have they offered support and been sympathetic to others? If someone was slow or struggling did they wait, help or motivate? As a team, have they looked out for each other, monitored their team members in terms of general health and morale? |
| **7. COMPETENCY IN MODE OF TRAVEL**Is the student competent in the mode of travel chosen? Can they demonstrate some of their skills? Are they aware of the factors that can affect the journey time? |
| **8. OBSERVATION AND RECORDING SKILLS**Did the student actively take part in the project work during the expedition? Has this been recorded? Did all the students turn up to the presentation? Was the presentation reflective and did the students talk about what they learned from their experiences? |
| **9. ENVIRONMENT – IMPACT OF JOURNEY & APPRECIATING THE CULTURE**Has the student respected the environment? Have they looked after the natural environment? Have they followed the ‘Leave No Trace’ code? Do the students have a good understanding of the potential impact of trekking or journeying in fragile environments? Did they bring any disposable food or drinking implements? Did the students demonstrate respect and appreciation of the local people and culture? |
| **10. POSITIVE ATTITUDE**Has the student had a positive attitude? Have they helped with the overall group tasks? Have they sought to go beyond minimum requirements? Has the student been cooperative and friendly towards staff and other group members? Does he/she recognize the value of the opportunity they have been given by being involved in the International Award? |