



**Bangkok Patana School**  
*The British International School in Thailand*  
*Established 1957*

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14<sup>th</sup> May 2026

## **Parent Workshop: Managing Screen Time: Healthy Device Use at Home**

Dear Parents,

Following Brian Taylor's recent session on CSL readiness and supporting children to use school systems at home, we warmly invite you to a follow-up parent workshop focused on healthy and age-appropriate device use.

### **Managing Screen Time: Healthy Device Use at Home**

**Date:** Tuesday 19th May 2026

**Time:** 8:00

**Location:** Primary Hall

During this session, we will explore:

- The mental health and cognitive impacts of screen time on children.
- How we safeguard children when using devices at school.
- What current research tells us about screen time and learning.
- Practical advice for managing screen time at home.
- Hands-on tips for controlling apps, downloads, and permissions on your child's device.

The workshop is designed to be practical and informative, with clear links between school practice and home routines.

To help us with planning, please complete the RSVP form below. The form also provides an opportunity to submit any questions in advance, which we will aim to address during the session:

[RSVP form link](#)

We hope you will be able to join us for what should be a valuable and supportive session.

Kind regards,

Rachel Preston  
Vice Principal, Curriculum