

# Bangkok Patana School

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25th November 2025

Dear Primary Parents,

### Influenza

I am writing to inform you that due to several cases of Influenza in 1W, we will be closing the class for the rest of the week. This is a proactive measure and preventative closure to allow for our students to rest and to conduct a deep clean. Students in 1W will return to school on Monday 1st December.

### Advice for other Parents:

Children in all other classes and Year Groups can come to school as normal, if they are well.

## Flu symptoms include:

- Sudden high fever (102-104°F or 38-41°C), lasting 3-4 days
- Common headache
- Severe body aches and pains
- Usual fatigue and weakness, which can last up to 2-3 weeks
- Extreme exhaustion
- Sometimes a stuffy nose, sneezing, or sore throat
- Common chest discomfort and a cough that can become severe

#### Important to know:

- The virus spreads through airborne droplets when an infected person coughs or sneezes.
- It can survive on hands and objects touched by an infected person.
- Regular and thorough handwashing at home helps prevent infection.
- Keep children with a cough or sneeze at home and limit their contact with others.
- Colds and flu are most contagious during the first 48 hours.
- Children with a fever should stay home until they've been fever-free for at least 24 hours.
- Children recovering from influenza should stay home until fully recovered, even if they're no longer contagious.

Thank you for your attention and support at this time. If you have any medical queries, please contact Khun Joe on kiau@patana.ac.th

Yours sincerely

Sarah McCormack Principal, Primary School