

643 Lasalle Road (Sukhumvit 105) Bangna, Bangkok 10260 Thailand Tel: +66 (0) 2785 2200

Fax: +66 (0) 2785 2399 Email: reception@patana.ac.th www.patana.ac.th

# Thursday 30th October 2025

#### Dear Y5 Parents,

Preparations are almost complete for our Year 5 Residentials.

Monday 17th November 5L, 5C, 5F, 5J

Monday 24th November 5S, 5W, 5D, 5N

## **Departure times**

Students wear their Patana PE kits to and from their Residential.

Y5 will start boarding buses from approximately 8:20

### **Bags**

Encourage your child to help pack their own bag using the kit list.

Students carry their large bag from the bus to their room.

Your child will need a small daypack (hat, water bottle, snack).

Their large bag should be dropped off at a clearly labelled area at the front of school.

#### Money

There is a limit of B500 pocket money. Children manage their own money. Small notes please.

#### **Monitoring Air Quality**

Teachers will modify activities if the air quality is a concern.

This includes limiting the time spent outdoors or reducing the physical intensity of the activity.

#### **Medical services and medications**

Please ensure that your child's medical details are kept fully updated via the Parents Gateway. Our accompanying nurses will not be able to administer <u>any medicines</u> unless the nursing team has received written instructions from the parent/guardian. To include, but not restricted to:

- Prescribed medications
- Colds/Flu
- Antibiotics
- Allergy/antihistamine
- Travel sickness medications/Vitamins/Hormone treatments

Please complete the <u>prescribed medications permission form</u> if your child requires any prescribed medications on Residential.

No child should self-administer any medication except when agreed between the school nurse and the parent/guardian in advance. E.g., asthma inhalers; glucose tablets for hypoglycaemia.

## **Emergency medication**

Epi-pens, adrenaline and other emergency medication should be kept both in your child's day pack and with the accompanying nurse.

If your child requires emergency medication, the primary care physician must provide clear medical guidance for the accompanying nurse, along with the prescribed medicine form.

## Handing over medication to the school nurse

Please hand any medications to the Primary Nurse up to two weeks before departure.

If this is not possible, please hand over the form, accompanying guidance and medications to the accompanying nurse on the day of departure.



## **Insurance information for parents**

Insurance costs are included within the overall costs of each Residential Visit. Whilst the school considers this level of cover reasonable and acceptable, parents should satisfy themselves that this level of cover is adequate for their own personal circumstances.

Please note that the medical cover relates to any treatment required as the result of an accident, not as the result of an illness . This link will take you to our local insurance fact sheet and some further information about insurance cover.

# Ongoing nursing care and individual health care plan

If ongoing medical treatment is required, or if you would like to discuss your child's health care plan in advance, please email kiau@patana.ac.th (Nurse Joe) to arrange an appointment.

# Patana nursing team contacts

Please contact our Primary School Nurses if you have any questions: 02 785 2478 Email: <a href="mailto:kiau@patana.ac.th">kiau@patana.ac.th</a> (Medical Service Manager) and <a href="mailto:nurse@patana.ac.th">nurse@patana.ac.th</a>

#### **IMPORTANT**

# Tick and leech checks after visiting the Khao Yai National Park

Bangkok Patana School is a not-for-profit IB World School, accredited by CIS

Ticks and leeches are found in Khao Yai National Park and so we help our students to take preventative measures.

- Insect repellent applied before entering the National Park.
- Long sleeved shirt; long trousers tucked into long socks (football socks work well).
- Long leech socks pre-booked for the park trek.
- Staying on paths when walking in grassland and wooded areas
- No sitting on the ground e.g. no picnics in the grassy areas

# Checking for ticks and leeches whilst on Residential

Y5 staff and nurses check the children for ticks and leeches every day after visiting the National Park. If a leech is found, the Residential nurse will consult with our Head Nurse Joe and permission granted to use normal saline/alcohol solution to make the leech disengage. If the leech does not disengage, the child will be taken to hospital to have the leech removed.

If a tick is found on the face, they will be taken to hospital to have the tick removed.

If a child experiences discomfort around their private parts (buttocks and genital area), the nurse will contact the parent/guardian to ask for permission to check for a tick or leech. If we cannot contact you, the nurse will get permission from Head Nurse Joe to remove the tick.

#### Once back at home

Remind your child to report any discomfort once at home. Please continue to check your child for a few days, including the scalp and around the ears, groin, and armpits. If you find a tick, please seek medical advice regarding removal and any follow up treatment.

## **Daily communication**

Updates and a small number of photographs will be added each day to the Y5 Residential Blog. We will contact you if your child is unwell or requires medical help.

#### **Emergency contact number**

If there is an emergency out of normal school hours, please call **0992302197** to speak with a member of the Primary Leadership Team.

Please only use this number for emergencies.

## No electronic devices or 'tech wearables'

This includes GPS trackers, mobile phones, and smart watches. Any devices or tech wearables will be removed for safekeeping and returned to you on arrival back at school.

## **Monday: Departure day**

School transport is provided as normal for bus users. If you are driving your child to school, please CANCEL the bus in advance to avoid delays to other users.

#### Thursday: Returning to school

Please note, all children will be brought back to school at the end of their Residential. Year 5 will return at approximately **1.00- 1.30 p.m.** depending on traffic.

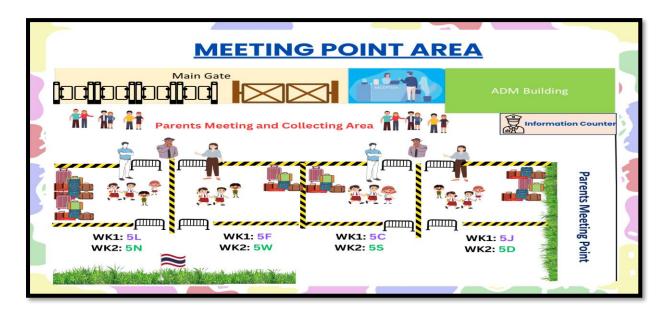
School transport is **cancelled** for all students coming back from a Residential. If you wish your child to take a 2:30 school bus home, please contact transport to re-book a place.



#### Please do not wait at the school entrance or reception area.

When the buses arrive, you will be notified to move to the front of school.

The children will collect their big bag and then wait with their class teacher in a designated area. They class teacher will give the adult an **early leaving slip** to present to the guard on the gate. Please do not take your child out of school until you have talked with the class teacher.



If you wish your child to be picked up by an adult who is not recorded on their Student Module, please <u>email</u> the class teacher the week before departure giving the adult's name and relationship with your family so that we can transfer duty of care with your explicit permission.

Children who are not being collected will go to lunch and then to their year group. They can take school transport home if you have re-booked a seat on the bus.

Thank you for your continued support for our Residential Visit programme. Please send them off with a smile and a happy wave.

Yours sincerely,

Miss Alice Leslie Assistant Year Group Leader Y5

# **PACKING LIST**

All items, including clothing, should be clearly labelled with your child's name and class.

CLOTHES	ACCESSORIES
Patana PE Kit for journey (there & back)	Head torch and batteries
3 pairs of shorts	Reading book / cards
4 t-shirts	Favourite teddy bear or soft toy
Sufficient underwear and socks	2 towels
1 pair of long trousers or jogging pants	Plastic bag for dirty laundry
1 warm jumper/ sweatshirt	Mosquito repellent / after-bite cream
2 extra outfits for evening activities additional shorts and t-shirt, dress, trousers etc.	Toiletry bag (soap, shampoo, toothpaste, hairbrush)
	Sunglasses and Sunscreen
Swimming costume	Medication for the nurse
Light raincoat	Trainers/ walking shoes
Sun hat/ cap	Rubber-soled shoes for water activities
Pyjamas/ night clothes	Day pack to be carried on back
Watch/travel clock	Water bottle with a carrying strap
Camera (optional)	Hand gel and face masks (optional)