

# SPORTS

## HANDBOOK

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### 2025/26



**Bangkok Patana School**  
*The British International School in Thailand*  
*Established 1957*



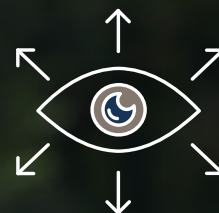


# GUIDING STATEMENTS



## MISSION

Our mission is to ensure that students of different nationalities grow to their full potential as independent learners in a caring British international community.



## VISION

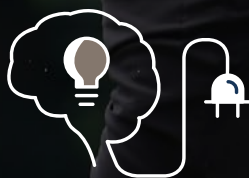
We develop global citizens who shape their world through independence, empathy, creativity and critical thinking.



## WELL-BEING

WE ARE :

Protected, safe and secure  
Motivated and engaged  
Responsible and honest  
Kind, compassionate and respectful  
Balanced and fulfilled



## LEARNING

WE ARE :

Rigorous, inquisitive and creative  
Collaborative and confident communicators  
Critical, reflective thinkers  
Resourceful and resilient



## GLOBAL CITIZENSHIP

WE ARE :

Conscientious role models  
Committed to integrity and equity  
Diverse and inclusive  
Ethical and informed  
Empowered by our interculturalism  
Active stewards of the environment and our communities

### PLEASE NOTE:

All information was correct at time of going to print (August 2025). The school reserves the right to make changes. Any updates will be communicated through the usual school channels.



## SPORTS PHILOSOPHY

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The Bangkok Patana School competitive sports programme fosters the development of character, teamwork, sportsmanship, integrity, a sense of fairness, respect and a lifetime of well-being. Students work together toward a common purpose and a collective sense of achievement. The benefits extend beyond the final score of any contest. The values inherent in Bangkok Patana's Competitive Sports Programme are consistent with the mission and vision of our school which you can read opposite.



# OBJECTIVES OF THE COMPETITIVE SPORTS PROGRAMME

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- To develop a comprehensive sporting programme as an integral part of the student's total school experience
- To provide a broad programme which provides maximum opportunities for participation
  - Field teams that compete at the highest levels in BMAC, BCC, SEASAC, Bangkok Games, FOBISIA and various other International Competitions
- Encourage individual excellence and celebrate the success this brings
- Develop a sound sporting programme based upon long term athlete development and age appropriate skill development
- Develop a competitive winning attitude
- Develop students who demonstrate good sportsmanship by showing respect for opponents, showing respect for officials and their decisions, and maintain self-control
- Encourage commitment to team goals as well as personal goals
- Encourage a balanced approach and academic achievement

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## SPORTS PROGRAMME AT EACH LEVEL

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Our competitive sports programme (selective) is divided into five levels: Primary Sports, Under 12 (U12), Under 14 (U14), Junior Varsity (JV) and Varsity (V). Each programme has a specific focus.

### PRIMARY - DEVELOPMENT

The focus at the Primary level is to maximise participation. A "Sport for All" philosophy is followed in each sport that is offered. The focus is developing basic skills, preparation for competition and a love for sport. Playing time within friendly matches and invitational events will be shared amongst all students. In competitive tournaments students will get adequate game time but this may not always be equal. Growing a student's character is equally as important as a winning season. Students should learn to handle wins and losses, this will help to develop their resilience and perseverance.

### UNDER 12/13 - DEVELOPMENTAL

The primary focus at this level is to maximise the learning of skills, knowledge and rules of the game. Maximum participation by athletes is emphasised, not only for the overall growth and welfare of the athletes, but the continued development of the overall programme. Developmental levels should be the foundations for the higher, competitive levels. Playing time within friendly matches and invitational events will be shared amongst all students. In competitive tournaments

students will get adequate game time but this may not always be equal. Developing athletes is equally as important as a winning season.

### **UNDER 14/15 - TRAINING TO BE COMPETITIVE**

At this level, we strive to continue to develop the “basic skills”. The aim is to refine the basic skills and to develop their application within the sport. Maximum participation remains an objective but additional emphasis is placed on being competitive. We are working to apply skills to competitive situations and to develop more detailed tactics related to the individual sport. In competitive tournaments we are playing to compete and challenge for trophies. Students will get adequate game time, but this may not be equal.

### **VARSITY AND JUNIOR VARSITY - COMPETITIVE**

(1<sup>ST</sup> AND 2<sup>ND</sup> TEAM)

At this stage of the programme we place the emphasis on being competitive. During the seasonal friendlies participation is still a focus but for competitive fixtures and championship tournaments we aim to field our most competitive team and look to finish as high as possible. Players earn their game time throughout the season from their performances as well as their attitude in matches and training. We strive to develop complex tactics of the sport and we emphasise commitment, discipline and dedication to a team.

## **PLAYING TIME**

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Coaches will follow these playing time guidelines:

### **UNDER 12, UNDER 14 AND JUNIOR VARSITY (2<sup>ND</sup> TEAM)**

Coaches are expected to play all eligible players in each game during the regular season. Exceptions:

1. Missing team practice(s)
2. Attitude and effort at practice(s)
3. Violation of team rules
4. End of Season tournament knockout stage matches

### **VARSITY (1<sup>ST</sup> TEAM)**

Coaches working at this level will use their considerable experience to allocate playing time. At this level playing time will not be equal for all team members. Students are encouraged to talk to their coaches if they need clarification.





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## TEAM CAPTAINS

The Coach(es) will select a Team Captain(s) to lead each team. This is an important role which supports the coach and the team. The person selected will not necessarily be the best player in the team but someone who displays the character traits of being a great leader, a positive role model at training, calm under pressure during fixtures and able to do practical tasks such as write up match reports, organise uniforms and communicate with the team. Each season the captains will meet with the Cross Campus Head of Sports over lunch to discuss their role and share ideas about how they can support their teams.

# SPORTS TRIALS

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All students must attend trials in order to be considered for a seasonal team. If a student is absent, or is injured at the time of trials, his/her parents and the student must contact the Sports and Activities office and the coach in advance in order to arrange an alternate time. In shorter seasons, this may not always be possible.

Dates of seasonal trials and end of season tournaments are included in the annual Sports Calendar. Coaches will normally have one week in which to hold trials. If there is insufficient time to make crucial decisions coaches can keep extra students in their squad, the coach will let you know if they are doing this and you should prepare yourself that there will be a 'second cut' later during the season. JV and Varsity teams will be selected with final decisions of which squad is applicable to each student made mid-season. This is to ensure competition is maintained and students hold high standards to be in the Varsity squad.

Special requests or situations should be communicated to the coaches during trials and before the announcement of team selections.

1. Students from the Under 14 age group may attend Varsity trials and be selected on merit as long as all the safety aspects have been considered;
2. Students from the Under 12 or Under 14 age group may attend Junior Varsity trials and be selected on merit as long as all the safety aspects have been considered;

Students who wish to trial for two teams should let both coaches know;

3. All students must follow the Sports Participation Agreement and all department policies and procedures.

Once the team is selected, all players are expected to attend all training and competitions. Failure to do so may result in;

1. Being placed on probation
2. Removal from the team
3. Not being selected to attend the BMAC or SEASAC tournaments

Students, who register for school after the trial dates, e.g. a student enrolling in January during Season 2, will be reviewed on a case by case basis. A discussion will take place between the coach and the Cross Campus Head of Sport & Academies.

After teams are selected, parents are requested not to remove their sons or daughters from the team without first speaking with the coach and the Assistant Principal Sports and Activities. If there are any circumstances in which a student cannot attend a tournament they must inform their coach and the Sports and Activities office as soon as possible.

# DEVELOPMENT SQUADS

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At U12/13 and U14/15 level, where numbers at trials exceed the team capacity, we will always try to offer development training for 120 minutes alongside selective teams.

For continuity, the below is a simple outline of how this will look:

- One two-hour session alongside selected teams on a Friday

The opportunity to develop their skills and in some rare circumstances potentially be drafted into the competitive team.

- Where numbers allow, we will try to source a fixture or event during the season

# TRAINING EXPECTATIONS AND CANCELLATIONS

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The Varsity (1st Team) and Junior Varsity (2nd Team) programmes will operate two afternoons per week, 2.30-4.30pm. The Under 14/15 and Under 12/13 teams will operate twice a week. Athletes will be expected to attend all sessions unless they see their coach to personally excuse themselves.

If a student is not in school by 9:00am, they cannot participate in both training sessions or a match/competition that day. Any exceptional circumstances leading to a late arrival at school will be considered by the Head of Sport & Academies.

If a training session is cancelled, we will do the following:

- Email you and your parents to let you know
- Notify transport and arrange for you to go home on your regular afternoon bus at 4:30 pm
- If the cancellation is very last minute e.g. due to weather, we will provide supervision at school
- Students under Year 10 can only be released early if they are being collected by their parents/driver or older sibling and their car is at Bangkok Patana School
- Students are not permitted to wait outside school for their pick-up

## Strength & Conditioning Provision:

For students (primarily JV and Varsity) looking to take part in injury prehab as well as to get in the best possible shape for their Competitive Sports Seasons we offer S&C classes run by Imprimis.

We run the following sessions:

Tuesday 06.15 - 07.15

Thursday 06.15 - 07.15

Friday 14.30 - 16.30

For those interested make sure you sign up on the Sheets shared with all athletes via MSTeams (or contact Mr Osborne)







A young boy with brown hair is climbing a grey rock wall. He is wearing an orange and black t-shirt and a climbing harness. He is holding onto a blue rope and a large orange rock hold. The background is a grey rock wall with several other holds, including a green one.

## COMMUNICATION

In the event a student has a question or concern relating to sports selection or participation we ask that in the first instance they speak to their team Captain and Coach in person before a parent or member of the Sports and Activities team gets involved. This helps empower our students to be strong self-advocates, a vital life skill. This face-to-face approach nearly always results in any issue being quickly resolved.

If further support is needed please contact our Cross Campus Head of Sport & Academies, Mr Osborne on [bios@patana.ac.th](mailto:bios@patana.ac.th). Mr Osborne is available to facilitate discussion between students, coaches and parents in order to help resolve any misunderstandings. We encourage students to speak directly with their coaches and to maintain an open communication channel throughout the season to try and minimise the need for this intervention.

# FIXTURES

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## HOME

Games are scheduled to start at 3:30pm, however this may be later due to the distance travelled by the opposition.

Bangkok Patana teams should be ready to warm-up from 3.25pm once the venue is cleared of any other ECAs taking place.

We love to have support for home games so parents please come along and cheer (even if your teenagers tell you they don't want you there!).

For home matches students should arrange their own transport home. We can't guarantee that matches will be completed by 4:30pm. There will be no bus provided for home matches and all students are expected to stay until the completion of the match (even if it finishes later than 4:30pm).

## AWAY

For away matches we will provide buses from Bangkok Patana to the venue for all competitions.

For fixtures at HIS or ISB we will aim to depart at 2:15pm to avoid traffic. Your Coach and team will wait for you at the front of school for no more than 15 minutes and then they will depart. If they leave without you then the Secondary Office will call your family to let them know and coordinate alternative transport home and supervision after school.

For all other fixtures we will depart from the front of school at 2:30pm.

### **For the return journey, Bangkok Patana will provide the following:**

One bus will return to Patana and one bus will drop students off at BTS Phrom Phong (Emporium Suites). Please note there will be no supervision at either venue upon drop off. There will be supervision on all buses (coach and/or bus monitor), please note however that some of our bus monitors don't speak fluent English. We encourage students to bring their phone and share their location with parents so that they are ready and waiting upon return to Bangkok Patana School.

If parents wish to take students home directly from the venue after the game they should inform the coach.

Students can use their phone and share their location with parents so that they are ready and waiting upon return to Bangkok Patana School.

If parents wish to take students home directly from the venue after the game they should inform the coach.

## U12 AND ABOVE: YOUR ONE-STOP SPORTS HUB

From U12 level and above, all key information related to competitive sports fixtures, schedules, team lists and important links will be shared via dedicated Sheets. This centralized platform is your go-to resource for everything you need throughout the season. Students and parents can easily check match details, communicate availability and confirm transport arrangements all in one place. This system reduces email traffic and streamlines communication, ensuring a more efficient and organized experience for everyone involved. Click on the links for an example of the [transport sheet](#) and [screencast](#) explaining how to use the sheet.



# SPORTS AWARDS

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In May each year we will host a Senior Sports Awards Ceremony for students in Years 11 - 13 to celebrate their contribution to Sport at Bangkok Patana. The awards presented will include:

**IB Full Blues** - Awarded to students in Year 13 who have participated in six or more Varsity teams during Year 12 and Year 13 whilst completing their IB Diploma.

**IB Team Blues** - Awarded to students in Year 13 who have been in the same Varsity team for four consecutive years.

**GCSE Full Blues** - Awarded to students in Year 11 who have participated in six or more sports teams during Year 10 and Year 11 whilst completing their (i)GCSE's.

SEASAC Champion medals recognise those students who were part of a SEASAC title-winning team or an Overall Champion in their sport (Golf, Gymnastics, Swimming).

**Team Awards** - For each team, we will award MVP, Most Improved and Tiger Spirit Award. This will be celebrated via Social Media and awarded in the End-of-Year Assemblies.







## **TRAINING & PLAYING KIT POLICY**

All students in Under 11 - Under 14 teams will be able to wear the Bangkok Patana School performance shirt, available in the School Shop.

JV and Varsity teams will have sport-specific kits available each season. Varsity teams will also be able to purchase the second strip in the School Shop..



# ACADEMY SPORTS & ACTIVITIES

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In addition to our Seasonal Sports programme, Bangkok Patana offers year-round provision in five sports:

- **Dance**
- **Football**
- **Gymnastics**
- **Swimming**
- **Tennis**

Each of these Academies has a full-time staff including a highly qualified and experienced Head Coach, usually from the UK. They are supported by a team of highly qualified and experienced assistant coaches, many of whom are ex-professional or National level athletes/performers.

These programmes offer our students the opportunity to participate in their chosen sport all year round, with access to a range of age-appropriate competitive opportunities included. We have a proud tradition of high performance, with students from many of our programmes going on to represent their countries as age groupers in their respective National Championships and our teams ranking consistently highly in BMAC, SEASAC and FOBISIA events.

Each Academy offers entry level recreational programmes as well as selective training squads and groups. The Academy programmes are fee paying and entrance is via a trial or audition.

For more information please contact the Head Coach of your Academy of interest:

**DANCE** Sarah Dullaghan [sadu@patana.ac.th](mailto:sadu@patana.ac.th)

**FOOTBALL** Adam Currington [adcu@patana.ac.th](mailto:adcu@patana.ac.th)

**GYMNASTICS** Georgina Wright [gewr@patana.ac.th](mailto:gewr@patana.ac.th)

**SWIMMING** Joseph Denton [jode@patana.ac.th](mailto:jode@patana.ac.th)

**TENNIS** Daniel Ahl [daah@patana.ac.th](mailto:daah@patana.ac.th)



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*Established 1957*

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