



## Bangkok Patana School

*The British International School in Thailand  
Established 1957*

643 Lasalle Road (Sukhumvit 105)  
Bangna, Bangkok 10260  
Thailand  
Tel: +66 (0) 2785 2200  
Fax: +66 (0) 2785 2399  
Email: [reception@patana.ac.th](mailto:reception@patana.ac.th)  
[www.patana.ac.th](http://www.patana.ac.th)

11<sup>th</sup> February 2025

Dear Parents,

### **Behaviour and Relationships – The Team Teach Approach Tuesday 18<sup>th</sup> February: Primary Hall (8 - 9am)**

Please join us for a practical workshop exploring different ways to support your child with their feelings and behaviour. Together we will discuss and try out some key strategies that will support your child at home.

The objectives of this workshop are:

1. Making the most of your partnership with school and staff.
2. Understanding some of the emotions your child experiences.
3. The cycle of an emotional situation.
4. What is regulation and what is dysregulation.
5. How to support your child when they are overwhelmed with their emotions.

We look forward to welcoming you on Tuesday 18<sup>th</sup> February for this informative workshop.

Please complete the [Google Form](#) to indicate your attendance at this workshop.

Kind regards,

Sophie Riley and Grace Smith