

## Bangkok Patana School

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9th October 2024

## **Championing Wellbeing**

A Workshop for Parents
Primary Hall - 8:00 am -9:00 am
Tuesday, October 15<sup>th</sup>, 2024

Dear Parents,

International Education Consultant, and architect of what he calls **The Mona Lisa Effect**®, Matthew Savage will be working with teachers at Bangkok Patana School from 15-17 October 2024. During his visit, he will be offering a Parent Workshop on Tuesday 15 October, **in the Primary Hall at 8am**, entitled **"The Main Thing: What happens when we put and keep wellbeing first."** 

A mixture of theory and practice, this workshop will explore the different ways in which we can seek to understand and support our children's wellbeing at home. Matthew will explain how, when we centre wellbeing, everything else benefits too, including academic outcomes.

In particular, Matthew will explore:

- The masks our children wear;
- o The soil and the plant of student wellbeing;
- o Parents as metaphorical gardeners.

We look forward to welcoming you on Tuesday 15 October for this workshop.

Please complete the Google Form below to indicate your attendance at this workshop RSVP

Kind regards,

Sarah McCormack Primary Principal