PE Transition 2024



Overview

- Year 7 teachers
- Curriculum focus and activities
- Kit and student expectations
- U 12 Seasonal Sport

Year 7 PE Teachers



Mr Tyrell



Mr Osborne



Miss Allen



Miss Richards



Miss Finch-Johnson

Secondary PE Focus:

Variety of sports and activities that are inclusive, fun and engaging. From these lessons, students are directed to the various competitive sport pathways'

Activities included as part of the Year 7 curriculum: **Football Touch Rugby Badminton** Tennis **Mountain biking** Softball **Fitness Swimming (Stroke) Gymnastics** Basketball

Volleyball

Athletics

How PE works in Year 7

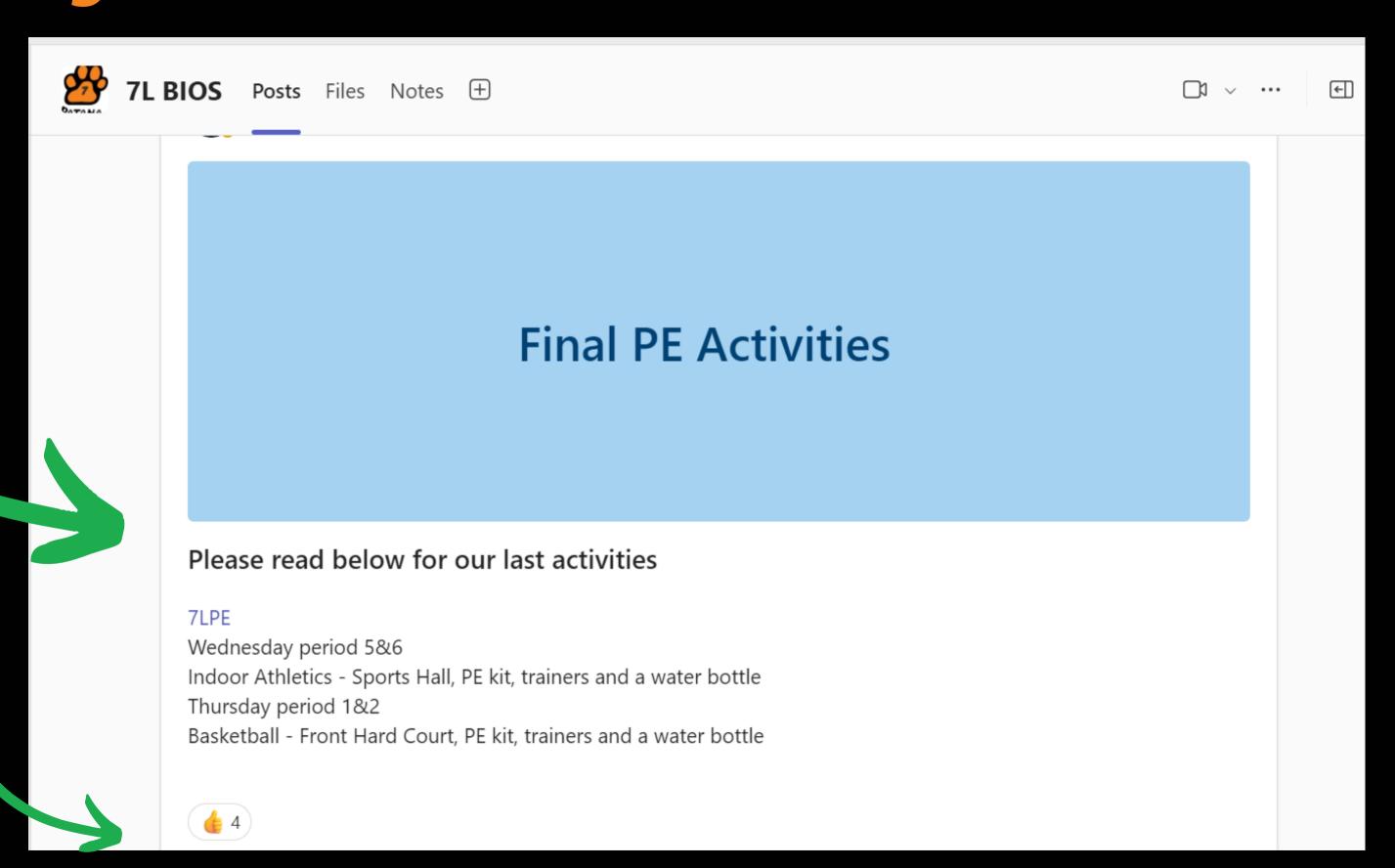
- PE classes will be in tutor groups and will be based on houses
- Students will have 2x 80 min lessons weekly
- Lessons will be different e.g Monday- Mountain Biking, Wednesday-Football
- Secondary PE teachers will set up MS Teams groups which will have all the information and a platform for students to ask questions
- Each unit block is for 6 weeks
- There is one swimming block which will cover stroke development as well as games- the expectation is that everyone should be able to swim 20 m
- Classes will have the same teacher all year and will also mix with another class during invasion games
- Throughout the year, internal interhouse competitions will run on Friday mornings during tutorial time

Secondary PE MS Teams Channel

Reminders

Tagged

Like 👍



Student expectations

Responsible

Organised

Accountable

Prompt/urgent

Remembering the correct PE kit and full school uniform
Checking MS teams for updates on lessons

Appropriate behaviour before, during and after lessons

Getting to lessons quickly as facilities will be across the bridge (Sports complex and Sports hall)



Kit Expectations

- Students need to have the correct PE shirt based on their house colour e.g. Chang house is a green PE shirt
- Next year there will be a choice of what they can wear but this has to be a Patana certified one
- They can wear their PE kit to school but then must change into their regular school uniform after PE
- No jewellery and hair must be tied up
- Bikinis are not allowed for swimming; anyone with long hair has to wear a swimcap
- Football boots are compulsory for football, touch rugby and softball



U12 Seasonal Sport

Season 1

Season 2

Season 3

Season 4

Cross Country (morning Training)

Basketball

Volleyball Softball

Football Athletics

Badminton
Touch Rugby (girls)
Contact Rugby (boys)





Seasonal Sport



- Sign-ups are done through the ECA portal- please don't just turn up
- There is a trial week before the ECA block starts on Tuesday and Thursday afternoon
- If your child isn't selected, they can join the development program
- Training will be Tuesday and Thursday afternoons from 2.30- 4.30
- There are friendly fixtures scattered throughout the season which will occur on these afternoons
- There is a mid season and end of season tournament weekend tournaments. the expectation is that the selected students attend both.
- There is flexibility with the academies, so please talk to the coaches!



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