

In Thailand we are not only lucky to have beautiful, green jungles. We also get to explore Thailand's amazing beaches! Along the sand and in the water you can find so much life! There are pinchy crabs on the coast and colourful fish in the surf! If you head into deeper waters, you'll find sea creatures both big and small!

Today, get into the mind of a sea life creature through some sensory exploration! Choose to explore the home of a creature that lives in one of the three areas below. **Where** are you? **Who** are you? **What** does it feel like to be in your home?

**Sand:**



If you have sand at home, pretend you are a crab. Dig your hands, arms, legs and bodies into the rough, scratchy sand! How does it feel? Can you move around like a crab? What kind of food might you be looking for?

**Shallow, Warm Water:**



Put on some colourful clothes and fill a small tub or bowl with warm water. Add some leaves, rocks or sand. Pretend you are a colourful, shallow water fish! Enjoy swimming around and visiting all the tiny spaces you can find among the warm water!

**Deep, Dark, Cold Water:**



Maybe you'd like to try out being a deep water creature! Build yourself a dark cave or tent. See what it's like to explore and move without the light or warmth of the sun!