

SPORTS

HANDBOOK

2020/21



Bangkok Patana School
The British International School in Thailand
Established 1957



GUIDING STATEMENTS



MISSION

Our mission is to ensure that students of different nationalities grow to their full potential as independent learners in a caring British international community.



VISION

We develop global citizens who shape their world through independence, empathy, creativity and critical thinking.



WELL-BEING

WE ARE :

Protected, safe and secure
Motivated and engaged
Responsible and honest
Kind and compassionate
Balanced and fulfilled



LEARNING

WE ARE :

Rigorous
Inquisitive and creative
Collaborative and confident communicators
Critical, reflective thinkers
Passionate, resourceful and resilient



GLOBAL CITIZENSHIP

WE ARE :

Committed to integrity
Active volunteers
Diverse and inclusive
Ethical and informed
Empowered by our interculturalism
Inspired to improve global sustainability
Respectful contributors to digital and local communities

PLEASE NOTE:

All information was correct at time of going to print (June 2020). The school reserves the right to make changes. Any updates will be communicated through the usual school channels.



SPORTS PHILOSOPHY

The Bangkok Patana School competitive sports programme fosters the development of character, teamwork, sportsmanship, integrity, a sense of fairness, respect and a lifetime of well-being. Students work together toward a common purpose and a collective sense of achievement. The benefits extend beyond the final score of any contest. The values inherent in Bangkok Patana's Competitive Sports Programme are consistent with the mission and vision of our school which you can read opposite.

OBJECTIVES OF THE COMPETITIVE SPORTS PROGRAMME

- To develop a comprehensive sporting programme as an integral part of the student's total school experience
- To provide a broad programme which provides maximum opportunities for participation
- Field teams that compete at the highest levels in BISAC, SEASAC and FOBISIA
- Encourage individual excellence and celebrate the success this brings
- Develop a sound sporting programme based upon long term athlete development and age appropriate skill development
- Develop a competitive winning attitude
- Develop students who demonstrate good sportsmanship by showing respect for opponents, showing respect for officials and their decisions, and maintain self-control
- Encourage commitment to team goals as well as personal goals
- Encourage a balanced approach and academic achievement

GENERAL INFORMATION

Nearly all information you should need is on the school sports website, which you can access here: <http://community.patana.ac.th/tiger-sports-teams>

The Sports Department uses a variety of Social Media accounts where you can keep up to date with the latest news and action from our teams.



@BPS Sports



@bps_athletics_council



@BPSsportsteam

The competitive sports programme is administered via the SOCS software programme. You can access it via www.patanasport.com or via the links on the Tiger Sports Teams webpage. It has various features including:

- Calendar
- Fixtures list and results

COVID-19

Until a vaccine is found for COVID-19, it is likely that throughout the 2020/21 sporting season there will be some adaptations and maybe even cancellations. Teachers and coaches at Bangkok Patana School will work closely with BISAC, SEASAC and FOBISIA to ensure the safety of any events that do go ahead. We will also be ensuring trials and training sessions are safe, respecting current government guidance with regard to personal hygiene and social distancing. Some sports may need to be adapted accordingly. Please monitor Patana News and the BPS Sports Facebook page for updates throughout the year.

COMPETITIVE SPORTS PROGRAMME

OBJECTIVES AT EACH LEVEL

Our competitive sports programme (selective) is divided into five levels: Primary Sports, Under 13 (U13), Under 15 (U15), Junior Varsity (JV) and Varsity (V). Each programme has a specific focus.

PRIMARY - DEVELOPMENT

The focus at the Primary level is to maximise participation. A "Sport for All" philosophy is followed in each sport that is offered. The focus is developing basic skills, preparation for competition and a love for sport. Playing time within matches will be equal amongst all students. Developing students is equally as important as a winning season.

UNDER 13 - DEVELOPMENTAL

The primary focus at this level is to maximise the learning of skills, knowledge and rules of the game. Maximum participation by athletes is emphasised, not only for the overall growth and welfare of the athletes, but the continued development of the overall programme. Developmental levels should be the foundations for the higher, competitive levels. Developing athletes is equally as important as a winning season.

UNDER 15 AND JUNIOR VARSITY - TRAINING TO BE COMPETITIVE

At this level, we strive to continue to develop the "basic skills". The aim is to refine the basic skills and to develop their application within the sport. Maximum participation remains an objective but additional emphasis is placed on being competitive. We are working to apply skills to competitive situations and to develop more detailed tactics related to the individual sport.

VARSITY - COMPETITIVE

At this stage of the programme we place more emphasis on being competitive. During the season maximum participation is still a focus but for championship tournaments we aim to field our most competitive team. Players earn their game time throughout the season through their performance in matches and training. We strive to develop complex tactics of the sport and we emphasise commitment, discipline and dedication to a team.



TEAM CAPTAINS

The Coach(es) will select a Team Captain(s) to lead each team. This is an important role which supports the coach and the team. The person selected will not necessarily be the best player in the team but someone who displays the character traits of being a great leader, a positive role model at training, calm under pressure during fixtures and able to do practical tasks such as write up match reports, organise uniforms and communicate with the team. Each season the captains will meet with the Assistant Principal for Extra Curricular Activities and Sports over lunch to discuss their role and share ideas about how they can support their teams.

SPORTS TRIALS

All students must attend trials in order to be considered for a seasonal team. If a student is absent, or is injured at the time of trials, his/her parents and the student must contact the Sports and Activities office and the coach in advance in order to arrange an alternate time.

Dates of seasonal trials and end of season tournaments are included in the annual Sports Calendar. Coaches will normally have one week in which to hold trials. If there is insufficient time to make crucial decisions coaches can keep extra students in their squad, the coach will let you know if they are doing this and you should prepare yourself that there will be a 'second cut' later during the season.

Special requests or situations should be communicated to the coaches during trials and before the announcement of team selections.

1. Students from the Under 15 age group may attend Varsity trials and be selected on merit as long as all the safety aspects have been considered;
2. Students from the Under 13 or Under 15 age group may attend Junior Varsity trials and be selected on merit as long as all the safety aspects have been considered;
3. Students who wish to trial for two teams should let both coaches know;
4. All students must follow the Sports Participation Agreement and all department policies and procedures.

Once the team is selected, all players are expected to attend all training and competitions. Failure to do may result in;

1. Being placed on probation
2. Removal from the team
3. Not being selected to attend the BISAC or SEASAC tournaments

Students, who register for school after the trial dates, e.g. a student enrolling in January during Season 2, will be reviewed on a case by case basis. A discussion will take place between the coach and the Assistant Principal for Sports and Activities.

After teams are selected, parents are requested not to remove their sons or daughters from the team without first speaking with the coach and the Assistant Principal Sports and Activities. If there are any circumstances in which a student cannot attend a tournament they must inform their coach and the Sports and Activities office as soon as possible.

B TEAMS

Where numbers, space and available coaches allow, we will offer a B team for those not selected in the A team. This will mostly occur in the Under 13 and Under 15 age groups. To ensure that this group is truly developmental in nature the following approach is required:

- The B team will train at least once a week on the same day as the main team if possible.
- Coaches of both teams are encouraged to work together and perhaps plan a shared warm-up and/or practice game together from time to time.
- We run a “no cuts’ policy for our B teams, meaning they may be in a large squad.
- The Sports and Activities Department will try to source or host an appropriate end of season event for the B team.

TRAINING EXPECTATIONS AND CANCELLATIONS

The Varsity programmes will operate on a minimum of three afternoons per week. The Junior Varsity, Under 15 and Under 13 teams will operate twice a week. Athletes will be expected to attend all sessions unless they see their coach to personally excuse themselves.

If a student is not in school by 9:00am, they cannot participate in a match/competition that day.

If a training session is cancelled, we will do the following:

- Email you and your parents to let you know
- Notify transport and arrange for you to go home on your regular afternoon bus at 4:30pm
- If the cancellation is very last minute e.g. due to weather, we will provide supervision at school
- Students under Year 10 can only be released early if they are being collected by their parents/driver or older sibling and their car is at Bangkok Patana School
- Students are not permitted to wait outside school for their pick-up



HOME GAMES

Games are scheduled to start at 3:30pm, however, realistically this maybe as late as 4:30pm.

Bangkok Patana teams should be ready to play at 3:15pm.

We love to have support for home games so parents please come along and cheer (even if your teenagers tell you they don't want you there!).

TRANSPORTATION

HOME MATCHES

For home matches students should arrange their own transport home. We can't guarantee that matches will be completed by 4:30pm. There will be no bus provided for home matches and all students are expected to stay until the completion of the match (even if it finishes later than 4:30pm).

AWAY MATCHES

For away matches we will provide buses from Bangkok Patana to the venue for all competitions.

For fixtures at HIS or ISB we will aim to depart at 2:15pm to avoid traffic. Your Coach and team will wait for you at the front of school for no more than 15 minutes and then they will depart. If they leave without you then the Secondary Office will call your family to let them know and coordinate alternative transport home and supervision after school.

For all other fixtures we will depart from the front of school at 2:30pm.

For the return journey, Bangkok Patana will provide the following:

One bus will return to Patana and one bus will drop students off at BTS Phrom Phong (Emporium/EmQuartier). **Please note there will be no supervision at either venue upon drop off.** There will be supervision on all buses (coach and/or bus monitor), please note however that some of our bus monitors don't speak fluent English.

If parents wish to take students home directly from the venue after the game they should inform the coach.

PLAYING TIME

Coaches will follow these playing time guidelines:

UNDER 13, UNDER 15 AND JUNIOR VARSITY

Coaches are expected to play all eligible players in each game during the regular season. Exceptions:

1. Missing team practice(s)
2. Attitude and effort at practice(s)
3. Violation of team rules
4. End of season Tournament games

VARSITY

Coaches working at this level will use their considerable experience to allocate playing time. At this level playing time will not be equal for all team members. Students are encouraged to talk to their coaches if they need clarification.

SPORTS PHOTO WEEK

Once a season we will run a Sports Photo Week. This will be advertised via the Daily Notices. You will need to bring your team kit to the Front Hard Court where the school photographer will take a team picture. Generally, Under 13 and Under 15 teams will have their photos taken on one day of the week and the Junior Varsity and Varsity teams on another day.

It is essential you attend and are on time for this event. If you do not attend we cannot arrange a reshoot. As this process takes a little time it is recommended that you plan for a Snack Bar lunch on that day, or pack food from home. These photos are used at the Sports Awards Dinner, in the Yearbook, sent to SEASAC and FOBISIA tournament hosts and in other Bangkok Patana publications and on social media accounts.





ACADEMY SPORTS & ACTIVITIES

In addition to our Seasonal Sports programme, Bangkok Patana offers year-round provision in five sports:

- **Dance**
- **Football**
- **Gymnastics**
- **Swimming**
- **Tennis**

Each of these Academies has a full-time staff including a highly qualified and experienced Head Coach, usually from the UK. They are supported by a team of highly qualified and experienced assistant coaches, many of whom are ex-professional or National level athletes/performers.

These programmes offer our students the opportunity to participate in their chosen sport all year round, with access to a range of age-appropriate competitive opportunities included. We have a proud tradition of high performance, with students from many of our programmes going on to represent their countries as age groupers in their respective National Championships and our teams ranking consistently highly in BISAC, SEASAC and FOBISIA events.

Each Academy offers entry level recreational programmes as well as selective training squads and groups. The Academy programmes are fee paying and entrance is via a trial or audition.

For more information please contact the Head Coach of your Academy of interest:

DANCE Vallary Lokre valo@patana.ac.th

FOOTBALL Mark Potter mapo@patana.ac.th

GYMNASTICS William Preston wipr@patana.ac.th

SWIMMING Timothy Tripp titi@patana.ac.th

TENNIS Daniel Ahl daha@patana.ac.th



KIT POLICY

All players will purchase their team kit from the school shop before the first fixture of the season. This will be your season's main kit. If your kit has numbers then your team Captain will coordinate a list so you don't end up with duplicates.

Captains of Varsity teams will also arrange a personalised second strip for their teams. This is a privilege for Varsity teams only. The cost of this second strip will be billed to your school account or SEASAC trip cost.

COMMUNICATION

In the event a student has a question or concern relating to sports selection or participation we ask that in the first instance they speak to their team Captain and Coach in person before a parent or member of the Sports and Activities team gets involved. This helps empower our students to be strong self-advocates, a vital life skill. This face-to-face approach nearly always results in any issue being quickly resolved. If further support is needed please contact our Cross Campus Head of Sport Rich Molloy rimo@patana.ac.th Rich will be available to facilitate discussion between students, coaches and parents in order to help resolve any misunderstandings, however his first question to all parties will nearly always be, "has the student- athlete spoken to his or her coach?"

SPORTS AWARDS DINNER

In May each year, Bangkok Patana School hosts a Secondary Sports Awards evening. It is a formal affair and a great chance to celebrate the year of sport. There are guest speakers, great food, decorations and photo booths! Three awards are presented per team, these are:

MOST VALUABLE PLAYER (MVP)

This award goes to the most outstanding player on the team and most influential in terms of performance.

MOST IMPROVED

This award goes to a player who shows outstanding effort at training, fixtures and tournaments and has made the largest gains in his/her skills, fitness and tactics.

TIGER SPIRIT

This award goes to a student who lives our values by showing outstanding effort at training, fixture and tournaments, is a strong performer (but not always the best) and also displays the traits of leadership and good sportsmanship at all times.

In Junior Varsity and Varsity teams, the MVP and Most Improved are often selected via student vote. In Under 13/Under 15 teams the coaches will determine if this is appropriate to avoid difficult social situations arising with young players. In all age groups the Tiger Spirit Award is chosen by the coaches.

At the Sports Awards we also present a range of major awards which recognise overall contribution to Sport at Bangkok Patana School and the legacy of graduating Seniors in particular. We award Thai flags to those students who are current Thailand Champions or have represented Thailand abroad during the school year.

Please note that in the event that a season does not have a concluding BISAC and SEASAC tournament due to Covid-19, the Most Valuable, Most Improved and Tiger Spirit awards may be replaced with other fitting awards at the school's discretion.

AND FINALLY

Thank you, good luck and have a great season!



Bangkok Patana School
The British International School in Thailand
Established 1957

Bangkok Patana School
643 Lasalle Road (Sukhumvit 105)
Bangna, Bangkok 10260
Tel: +66(0) 27785 2200
www.patana.ac.th