

Show, Not Tell Feelings

Happy



- ◆ My face **was smiling gleefully**
- ◆ My eyes **opened widely**
- ◆ **Jumping energetically,**
- ◆ **Quickly clapping,**

Sad



- ◆ My eyes **quickly welled** with tears
- ◆ My chin **trembled uncontrollably,**
- ◆ My shoulders **drooped heavily**

Scared



- ◆ My hands **were shaking uncontrollably**
- ◆ **Frantically,** my eyes **darted** around
- ◆ My legs **wobbled crazily** like jelly
- ◆ **Instantly,** my heart **began pounding**
- ◆ **Breathing rapidly,**

Shocked



- ◆ My mouth **suddenly dropped** open
- ◆ My eyes were **popping** out of my head
- ◆ **Instantly,** I **covered** my mouth
- ◆ **Gasping quickly,**

Excited



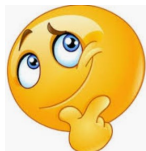
- ◆ **Smiling cheerfully,**
- ◆ **Talking loudly,**
- ◆ My eyebrows **were raised hopefully**
- ◆ **Flapping** my hands **eagerly**

Nervous



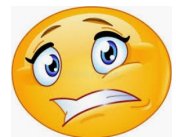
- ◆ Sweat **poured endlessly** down my face
- ◆ **Suddenly,** my face **turned** red
- ◆ I **slowly** **stuttered**
- ◆ My stomach **churned painfully**

Curious



- ◆ My eyebrows **quickly shot up**
- ◆ I **tilted** my head **slightly**
- ◆ I **tapped** my fingers **slowly** on my chin
- ◆ **Cautiously,** I **leaned** closer to see

Guilty



- ◆ I **mumbled** **softly**
- ◆ My eyes **stared** **nervously**
- ◆ I **bit** my lip **repeatedly**
- ◆ I **swayed** **uncomfortably** side to side